

One Day Introductory Workshop

Dance Movement Psychotherapy

led by Susan Scarth & Sarah Holden

At **Nuevo Studio, Croydon**
On **Saturday 25th September 2010**
From **10am to 5pm**
(lunch 1pm to 2pm - bring packed lunch, drinks provided)
Fee **£75 (reduction to £70 for applications received before 14th Aug)**

The workshop will provide a visual, theoretical and experiential introduction to the use of movement and dance in psychotherapy.

The day will consist of brief presentations, clinical vignettes and experiential learning and is open to both men and women, of all ages (19 and above) and abilities, working in a small group.

Applicants need to be prepared to move and should come dressed in loose, comfortable clothing. The floor surface is warm and clean so people may wish to move in bare feet – if not please bring soft indoor footwear.

Please be aware that the workshop is not a therapy session. (People seeking therapy may contact Sarah Holden or the Association for Dance Movement Psychotherapy UK for advice about personal therapy)

Susan and Sarah are both practising DMPs with considerable experience of working in many clinical settings, including private practice and in the training of therapists.

Nuevo Studio is situated 12 mins walk from central Croydon
Trains from East & West Croydon stations have links to Victoria and London Bridge (15 mins) and Brighton (under 60 mins) & the South Local buses and tramlink connections across S E & S W London

Susan Scarth MCAT, (Sr)RDMT, CMA & **Sarah Holden** BA Hons, PGCE, Memb IGA, (Sr)RDMT & Fellow ADMP UK



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Please fill in the form below and post with your payment to :-
Sarah Holden, NUEVO, Avenue House, 8 – 28 Milton Avenue, Croydon, CRO 2BP

Please use BLOCK Capitals **please tick box to confirm over 18**

NAME

ADDRESS

..... POST CODE

PHONE

E-MAIL

Please enclose a cheque for £70 (£75 if sending after 14th August) made payable to Sarah Holden

Further information can be obtained from :-
Mobile 07956 208276 e-mail : sarahholden@movementpsychotherapist.com
www.movementpsychotherapist.com www.scarthdmp.com